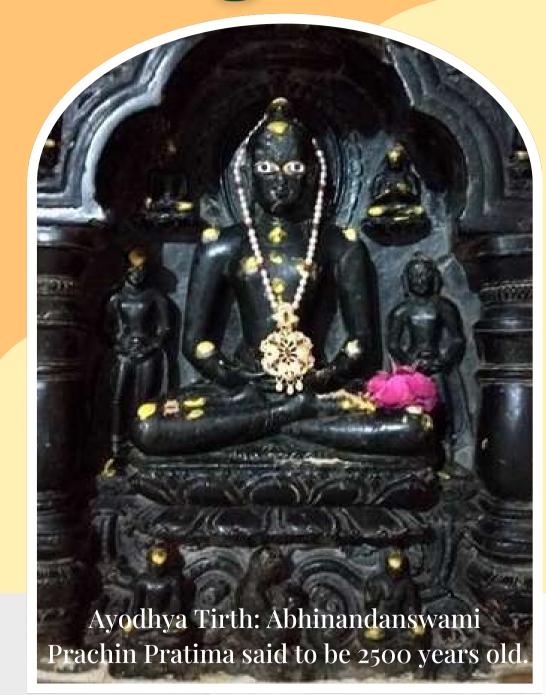
Abhinandan Bhagwan



Maha Sud Bij
Abhinandanswami Janma Kalyanak
On this day, Jains try and do at least one 'mala' reciting:
"Om Hrim Shri Abhinandanswami
Arhate Namah"

Abhinandan Bhagwan is the fourth Tirthankara in the current time cycle. His parents were King Samvar and Queen Siddharti and was born in the city of Ayodhya. His symbol (lanchan) is ape/monkey. His symbolic colour is gold.



After attaining Samyak Darshan, Abhinandan took three bhavs to attain Moksha. Prior to his birth as a Tirthankara, he was first born as King Mahabal and then born as a celestial being. As King Mahabal, although a King, he was simple, generous, and humble person. After ruling for many years, he took diksha. He remained humble and equanimous whether people praised or criticised him. He practised severe penance and meditation and as a result acquired the Tirthankara naam and gotra karma.

Third & last birth as As Abhinandan Bhagwan. Whilst the Queen was pregnant, everyone in the kingdom were happy and elated, filled with feelings of humility and brotherhood. Irrespective of age, caste, creed and status everyone started greeting and honouring others. This was due to pious soul in Queen Siddharti womb. Thus, when she gave birth, after nine months, seven and one-half days, the child was named Abhinandan, which means bringing happiness.

Abhinandan succeeded his father and was King for many years. He eventually renounced the world and became an ascetic. He indulged in rigorous penance and lofty spiritual practices as an ascetic for eighteen years. One day, after fasting for two days, in Sahasramravana, under a Priyala tree, he attained Kevaljanana. His deshna (first sermon) was on Asharan Bhavna which is the absence of any refuge or shelter that can protect us from death and the uncertainties of life.

He had 116 Gandharas - his chief disciple was Vrajnabh. He attained Moksha at Samet Shikhar.

Every good deed, every positive act,
helps the flame burn a little bit brighter.
No matter how small or insignificant our
contributions may seem,
when we do good in the world, it adds up.

Dream lofty dreams, and as you dream, so shall you become. Your Vision is the promise of what you shall one day be. Your Ideal is the prophecy of what you shall at last unveil

James Allen

David Suzuki